

# Dot Torture Drill Instructions

Start at 3 yards. You have to get all 50 hits to pass. Once you can shoot the whole drill without a single miss, either increase the distance or add time pressure. For instance, try to finish the entire drill in less than 5 minutes while maintaining 100% accuracy.

- **Dot 1** - Draw and fire one string of 5 rounds for best group. One hole if possible. 5 rounds total.
- **Dot 2** - Draw and fire 1 shot, holster and repeat four times. 5 rounds total.
- **Dots 3 & 4** - Draw and fire 1 shot on #3, then 1 shot on #4, holster, repeat three times. 8 rounds total.
- **Dot 5** - Draw and fire one string of 5 rounds, strong hand only. 5 rounds total.
- **Dots 6 & 7** - Draw and fire 2 shots on #6, then 2 shots on #7, holster, repeat four times, 16 rounds total.
- **Dot 8** - From ready or retention, fire five shots, weak hand only. 5 rounds total.
- **Dots 9 & 10** - Draw and fire 1 shot on #9, speed reload, fire 1 shot on #10, holster and repeat three times. 6 rounds total.

**Be sure to share your results on [NorthwestFirearms.com](http://NorthwestFirearms.com)**